



Bethel spa & Beauty

— A new experience of wellness —

MENU

- EXOTIC TURKISH BATH ● EXFOLIATION TREATMENT ● WAXING
- FACIAL TREATMENT ● MASSAGE THERAPY ● BODY WRAP

"Our goal is to be consistent in providing a first-class Spa experience for our clients"



Facial Treatments

HYDRATING FACIAL

Products that impart moisture into the skin are used in this treatment.
This treatment is suitable for dry thirsty skin.

Shs 100,000 *60mins*

EXCESSIVE SEBUM CONTROL

Getting a pimple free skin is easy. Our facial treatment targets the hyper active sebaceous glands that secrete excessive oils that cause pimple breakouts.

Shs 120,000 *60mins*

ANTI AGEING FACIAL

This is an effective facial treatment that helps prevent pre-mature ageing lines, frown lines and also treats existing wrinkles.
Treatment improves the skin elasticity and promotes the production of collagen.

Shs 120,000 *60mins*

IDEAL GENTLEMAN'S FACIAL TREATMENT

Treatment focuses on the simple but sensitive men's facial skin needs such as roughness, dullness, and ingrown facial hairs.

Shs 110,000 *60mins*

DISTRESS MINI FACIAL

This short but effective treatment gives the skin an instant glow.
Therapist performs a gentle facial massage which promotes deep relaxation.

Shs 80,000 *30mins*

Massage Therapy

HOTSTONE THERAPY

During this treatment ,smooth basalt stones are used on the body thus relieving pain and inducing relaxation. This treatment is especially great for people with arthritis and those with very tense muscles.

Single	Couple	
Shs 140,000	Shs 270,000	<i>60mins</i>
Shs 160,000	Shs 300,000	<i>90mins</i>
Shs 180,000	Shs 320,000	<i>120mins</i>

DEEP TISSUE

Therapist uses very firm strokes on the recipient's body especially on the most problematic spots likeshoulders ,hamstring etc to bring healing to those spots. This treatment is especially good for sports people or anyone who likes deep pressure.

Single	Couple	
Shs 150,000	Shs 280,000	<i>60mins</i>
Shs 160,000	Shs 300,000	<i>90mins</i>
Shs 180,000	Shs 320,000	<i>120mins</i>

AROMATHERAPY MASSAGE

Aromatherapy is a massage that incorporates essential oils which are widely known for their medicinal properties and base oil as the client.'s need. This treatment relieves insomnia, muscular aches and pains,jet lag etc. suitable for everyone.

Single	Couple	
Shs 100,000	Shs 180,000	<i>60mins</i>
Shs 130,000	Shs 220,000	<i>90mins</i>
Shs 160,000	Shs 280,000	<i>120mins</i>

SPECIAL PRENATAL MASSAGE

This is a light pressure massage performed by our trained therapists on expectant mothers. It relieves pains and water retention caused by poor blood circulation.

Shs150,000 90mins, Shs 180,000 2hrs

HEAD AND SHOULDER THERAPY

This is a greatly relaxing massage. Special attention is given to the trapedzius muscle to remove all the knots and relieves stress.

Single	Couple	
Shs 50,000	Shs 90,000	<i>30mins</i>



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CANDLE WAX MASSAGE

This treatment nourishes the skin extremely because of the nourishing oils therein whilst relaxing the muscles. Great to be done after an exfoliation treatment.

Single	Couple	
Shs 120,000	Shs 230,000	60mins
Shs 140,000	Shs 270,000	90mins
Shs 160,000	Shs 280,000	120mins

BETHEL'S SHEA BLISS

This wonderful treatment is comprised of pure shea butter which is known for it's extremely nourishing ability on thirsty skin. Therapist mixes the butter with other oils making this treatment extremely luxurious.

Single	Couple	
Shs 130,000	Shs 230,000	60mins
Shs 150,000	Shs 270,000	90mins
Shs 170,000	Shs 300,000	120mins

NECK AND BACK MASSAGE

This is a short treatment targeting only the back area. Great for those with back issues and would like the therapist to give it thorough attention.

Single	Couple	
Shs 50,000	Shs 90,000	30mins
Shs 80,000	Shs 150,000	60mins

REFLEXOLOGY

We spend most time on our feet which causes them to get really sore. This treatment is ideal for the feet and brings the much needed healing to the feet.

Single	Couple	
Shs 50,000	Shs 90,000	30mins
Shs 100,000	Shs 180,000	60mins

HERBAL COMPRESS MASSAGE

This is a massage that combines massage techniques with the use of herbal balls. this treatment has intense benefits like stimulation of internalorgans, ease of pain and tension and much more.

Single	Couple	
Shs 170,000	Shs 310,000	90mins
Shs 200,000	Shs 360,000	120mins

Exotic Body Exfoliation and Wraps

A beautiful skin begins with a proper exceptional skin care

Scrub only	Shs 100,000	45mins
Scrub & wrap	Shs 220,000	90mins
Wrap only	Shs 140,000	45mins

Coffee and Yoghurt exfoliation

This re-energizing coffee scrub exfoliates the surface of your skin, lifting away dull dead skin cell build up to leave you with more radiant complexion and youthful skin.

Cinnamon and Lemon wrap

It tightens, tones and treat the skin with this cellulite blasting mixture which aids in nourishing the skin and brings back its vibrant look.

Salt and Turmeric glow exfoliation

A delightful exfoliation using sea salt crystals to gently exfoliate, soften and leave your skin glowingly buffed.

Honey and Turmeric wrap

Brightens, tones and improves the radiant appearance always.

Sugar, Honey and orange exfoliation

This divinely blended scrub calms your senses, leaves your skin silky soft and goes further to heal the skin from within due to honey's anti-inflammatory, anti-oxidant and anti-bacteria agent

Fruit delight and Milk wrap

It's a mixture of different types of fruits and milks to create the perfect nourishment concoction.

Coconut and Almond exfoliation

This is a deliciously dreamy creamy gentle moisturizing body scrub which buffs away dead skin cells to reveal a softer glowing skin.

Coconut and Honey wrap

Cocoon your self in this powerful combination of coconut oil raw honey and organic essential oils which improves on the skin nourishment and relieves some other skin diseases like eczema.

Exotic Turkish Bath

This is a deep exfoliation treatment done in a specially built Turkish bath room with steam. This treatment has immense benefits which include detoxification and others.

Shs 150,000 single, Shs 270,000 couple 45mins

TURKISH BATH AND COFFEE TREATMENT

Treatment aims at hydrating and nourishing extremely dry skin.

Shs 230,000 single, Shs 420,000 couple 2hrs

STEAM BATH

We offer a variety of options to suit your needs, you can choose from different aromas, such as lavender, eucalyptus, rosemary and mint to add a soothing scent to your bath.

Shs 30,000

Waxing (Hair Removal Treatment)

Waxing mildly exfoliates skin thus promoting glowing skin on the area where the unwanted hair has been removed and help skin absorb moisturizer better.

Under arm	Shs 20,000
Half arm	Shs 20,000
Full arm	Shs 25,000
Half leg	Shs 25,000
Full leg	Shs 40,000
Bikini line	Shs 50,000
Full Brazilian(with a mini vajacial treatment)	Shs 100,000
Full Brazilian	Shs 80,000
Back (men)	Shs 50,000
Upper lip and chin	Shs 15,000
Eyebrow tweezing	Shs 15,000
Face wax	Shs 50,000

Spa Day Special Packages

All about Me

A Facial treatment of your choice, body scrub and body wrap

Single

Shs 300,000

Couple

Shs 520,000

3 hrs

Body treat

Body scrub and full body massage of your choice

Single

Shs 180,000

Couple

Shs 300,000

2 hrs

Radiant expectant package

You're more than deserving, you're a miracle in motion and we are privileged to be part of the journey as Bethel Spa and Beauty. Full Brazilian wax, body scrub of your choice and a prenatal massage

Shs 300,000

2 hrs/30mins

Pamper myself

Body scrub ,body wrap and a full body massage of your choice

Single

Shs 280,000

Couple

Shs 490,000

2 hrs/45mins

GENTLEMEN PACKAGES

Bold and Brave

Turkish bath, deep tissue and a mini facial

Shs 350,000

2 hrs/45mins

Manly men

Body scrub, a body massage of your choice and ideal facial treatment

Shs 310,000

3 hrs

BIRTHDAY PACKAGE

Bethel Spa celebrates your new age with you in a special way. Enjoy your spa day and top it up with a glass of wine. This treatment comprises of a massage, scrub and a mini facial

Single	Couple	
Shs 300,000	Shs 540,000	<i>2 hrs/45mis</i>

WEDDING ANNIVERSARY CELEBRATION

Marriage is a good thing and we at Bethel Spa and Beauty say our congratulations in style. We pamper you in a befitting way and celebrate you with a glass of champagne, a 90mins massage and Turkish bath

Single	Couple	
Shs 300,000	Shs 540,000	<i>2 hrs/30mins</i>

BRIDAL PACKAGE

Wedding preparations can take a toll on one's skin and emotions. Bethel Spa and Beauty prepares you for the D-day by sloughing away the dead skin cells, a massage to help you relax and a facial to rejuvenate your skin and give you a beautiful glow.

Single	Couple	
Shs 400,000	Shs 770,000	<i>3 hrs/15mins</i>

Please note that all treatments of one hour and above come with a free steam session